

CURSO DE NUTRIÇÃO EM GASTROENTEROLOGIA



Apoios:



5, 6 e 7 de janeiro de 2023 | Sede da SPG

5 de janeiro, quinta feira

09h30 | Reception

10h00 | APNEP Basic Course on Clinical Nutrition and Metabolism

Jorge Fonseca

- Protein and calories: basic nutrition *Ana Catarina Moreira*
- The normal nutrient metabolism during fasting and postprandial state
Leonor Silva
- Body composition and nutritional assessment in health and disease
Diogo Catita
- Clinical Discussion

12h30 | Almoço - PEGs: Hands on moment

14h00 | ESPEN LLL Course Topic 8 - Approach to Oral and Enteral Nutrition

- Oral and sip feeding *Carla Adriana Santos*
- Indications, contraindications, complications and monitoring of EN
Luísa Glória

16h00 | Pausa saudável

- Techniques of enteral nutrition *Jorge Fonseca*
- Formulae for enteral nutrition *Carla Adriana Santos*
- Clinical Discussion

18h30 | Lecture: Enteral Feeding *Raquel Conceição* (Fresenius Kabi)

6 de janeiro, sexta feira

08h30 | ESPEN LLL Course Topic 12 - Nutritional Support in Gastrointestinal Diseases

- Compromised gut *Luísa Glória*
- Challenges in treating short bowel syndrome *Jorge Fonseca*

10h15 | Pausa saudável

- Nutrition in gastrointestinal fistulas *Nuno Carvalho*
- Nutrition in inflammatory bowel disease *Carla Adriana Santos*
- Clinical Discussion

12h30 | Almoço - PEGs: Hands on moment

14h00 | ESPEN LLL Course Topic 13 - Nutritional Support In Liver Disease

- Nutritional Support in Acute Liver Failure *Luísa Glória*
- Nutritional Support in Chronic Liver Disease *Jorge Fonseca*

16h00 | Pausa saudável

ESPEN LLL Course Topic 14 - Nutritional Support In Pancreatic Disease

- Nutrition in Acute Pancreatitis *Nuno Carvalho*
- Chronic Pancreatitis *Carla Adriana Santos*
- Clinical Discussion

18h30 | Lecture: Advances in Short Bowel Syndrome treatment

Eduardo Lima Costa

7 de janeiro, sábado

08h30 | ESPEN LLL Course Topic 9 Approach to Parenteral Nutrition

- Indications and Contraindications for Parenteral Nutrition
Jorge Fonseca
- Techniques of Parenteral Nutrition *Jorge Fonseca*

10h15 | Pausa saudável

- Pharmaceutical aspects of PN: Compounding and ready-to-use preparation *Ana Paula Santos*
- Monitoring and complications of parenteral nutrition *Luísa Glória*
- Clinical Discussion

12h30 | Almoço

14h00 | ESPEN LLL Course Topic 19 Chronic Intestinal Failure and Home Parenteral Nutrition (HPN) in Adults

- Indications and Outcome *Jorge Fonseca*
- Chronic Intestinal Failure: Medical Treatment Home Parenteral Nutrition Training and Monitoring *Luísa Glória*

16h00 | Pausa saudável

- Central Venous Access Device Complications *Sandra Carlos*
- Metabolic Complications and Indications for Intestinal Transplantation
Luísa Glória
- Clinical Discussion

18h30 | Lecture: Nutrição Parentérica *Regina Lourenço* (Fresenius Kabi)