

# Women in IBD

3-4 November 2023  
SANA Malhoa Hotel,  
Lisbon, Portugal

All meeting content will be made available online  
for 12 months and distributed to 12,000+ gastroenterologists!



**Registration:**  
[women-in-ibd2023.md-education.com](https://women-in-ibd2023.md-education.com)

Dear Colleagues and Friends,

It is our great pleasure to announce the multinational congress **Women in IBD 2023** that will take place at **SANA Malhoa Hotel, Lisbon, Portugal, scheduled for 3-4 November, 2023.**

The theme of the meeting, **Updating Clinical Knowledge & Clinical Practice in 2023**, reflects the need for collaboration to advance the research and treatment of patients with IBD globally, with an emphasis on issues relating to the female IBD Patient.

This meeting will provide participants a platform for networking with many of the world's leading experts, focusing on reviewing and assessing best practices and state-of-the-art treatments in IBD. In addition, the meeting will provide participants with a unique opportunity for sharing knowledge, skills and experiences related to the treatment of women with IBD as well as updating participants on the latest clinical practice for all IBD patients.

The meeting program will include presentations, panel discussions, audience questions, exhibition area and a number of opportunities for informal interactions with the faculty during the lunch breaks.

The co-chairs of the **Women in IBD 2023** are:



**Dr. Joana Torres**  
Hospital Beatriz Ângelo,  
Portugal



**Dr. Millie Long**  
University of North Carolina, Chapel Hill,  
North Carolina, USA

## Agenda &amp; Faculty

Friday 3<sup>rd</sup> November 2023

08:00 Registration Opens

08:50 Welcome and Introduction, **Ryan Fitzpatrick, Joana Torres & Millie Long**

### Session I: Optimizing Biologic Therapies in IBD

Moderator: **Millie Long & Paula Ministro**



09:00 Anti-TNF therapy in IBD (including biosimilars), **Joana Torres**, Hospital Beatriz Ângelo & Hospital da Luz, Portugal



09:25 Anti-integrin therapy in IBD, **Henit Yanai**, Rabin Medical Center, Petah Tikva, Israel



09:50 IL-23 therapies in IBD, **Triana Lobaton**, Ghent University Hospital, Ghent, Belgium

10:15 Panel discussion

10:45 Coffee break

### Session II: Focus on small molecules in IBD

Moderator: **Joana Torres**



11:05 Conventional immunomodulator therapy in IBD – still a role in the armamentarium?, **Naila Arebi**, St. Mark's Hospital, Harrow, Middlesex, UK



11:40 JAK Inhibitors in IBD: Does selectivity matter?, **Séverine Vermeire**, Leuven, Belgium



12:05 S1P Inhibitors in IBD – how do they work and how to use them?, **Britta Siegmund**, Universitätsmedizin Berlin, Berlin, Germany

12:30 Panel discussion

13:00 Independent Expert Discussion with food

### Session III: Women's health in IBD

Moderator: **Séverine Vermeire**



14:00 Contraceptive and Pre-Conception Counseling in IBD: the role of the Gastroenterologist, **Marla C. Dubinsky**, Icahn School of Medicine Mount Sinai New York



14:25 Pregnancy and IBD, **Mette Julsgaard**, Aarhus University Hospital, Aarhus, Denmark



14:50 Post Delivery: Implications for Mum and Baby, **Sophie Restellini**, Hôpital de La Tour, Switzerland

15:15 Panel discussion

15:45 Coffee break

### Session IV: Medical and surgical management of IBD

Moderator: **Millie Long & Joana Torres**



16:05 Monitoring non-invasive IBD, **Federica Furfaro**, Istituto Clinico Humanitas IRCCS



16:30 Treat to Target in IBD – too much or too little?, **Ana Gutierrez**, Hospital General Universitario de Alicante

## Agenda & Faculty



**16:55** Surgical Management of the female IBD patient, **Susana Ourô**, Hospital Beatriz Ângelo & Hospital da Luz, Portugal

**17:20** Panel discussion & Take-home points from day 1, **Millie Long & Joana Torres**

**17:50** Session ends

**18:00** Independent Expert Discussion with food

**19:00** Day ends

## Saturday 4<sup>th</sup> November 2023

### Session V: Career Development for Women in IBD

Moderator: **Millie Long & Joana Torres**



**09:00** Successful Mentorship: A Guide for Mentees and Mentors, **Iris Dotan**, Rabin Medical Center, Petah Tikva, Israel



**09:25** A Pathway to Leadership for Women in GI: Lessons Learned, **Marla C. Dubinsky**, Icahn School of Medicine Mount Sinai New York



**09:50** Recognition of a Global Leader in IBD, **Séverine Vermeire**, Leuven, Belgium

**10:15** Panel discussion

**10:45** Coffee break

### Session VI: Positioning of Therapies in IBD

Moderator: **Joana Torres**



**11:05** Disease phenotype - Considerations for Positioning of Therapies, **Charlotte Hedin**, Karolinska University Hospital in Stockholm, Sweden



**11:35** Safety Considerations for Positioning of Therapies, **Millie Long**, University of North Carolina, Chapel Hill, North Carolina, USA



**11:55** Management of Pouchitis in 2023: From Antibiotics to Biologics, **Iris Dotan**, Rabin Medical Center, Petah Tikva, Israel

**12:20** Panel discussion

**12:50** Independent Expert Discussion with food

### Session VII: Lifespan of IBD

Moderators: **Marla C. Dubinsky**



**13:50** Considerations for the Management of Pediatric IBD, **Lissy de Ridder**, The Erasmus MC Sophia Children's Hospital, Rotterdam, The Netherlands



**14:15** Sexuality in the IBD patient, **Joana Roseira**, Centro Hospitalar do Algarve, Portugal



**14:40** Considerations for Management of IBD in Older Individuals, **Daniela Pugliese**, CEMAD - IBD UNIT Fondazione Policlinico Universitario "A. Gemelli" IRCCS, Rome, Italy

**15:05** Panel discussion

**15:35** Summary/take home points, **Millie Long & Joana Torres**

**16:00** Adjourn