

CURSO DE NUTRIÇÃO EM GASTROENTEROLOGIA



22, 23 e 24 de janeiro de 2026 | Sede da SPG

Apoios:



22 de janeiro, quinta feira

09h30 | Receção

10h00 | APNEP Basic Course on Clinical Nutrition and Metabolism - Jorge Fonseca

- Protein and calories: basic nutrition Telmo Barroso
- The normal nutrient metabolism during fasting and postprandial state Leonor Silva
- Body composition and nutritional assessment in health and disease Diogo Catita
- Clinical Discussion

12h30 | Almoço - PEGs: Hands on moment

14h00 | ESPEN LLL Course Topic 8 - Approach to Oral and Enteral Nutrition

- Oral and sip feeding Carla Adriana Santos
- Indications, contraindications, complications and monitoring of EN Luísa Glória

16h00 | Pausa saudável

- Techniques of enteral nutrition Jorge Fonseca
- Formulae for enteral nutrition Carla Adriana Santos
- Clinical Discussion

18h30 | Lecture: Análogos do GLP2: o que nos diz a experiência sobre a eficácia do tratamento

Tânia Meira

23 de janeiro, sexta feira

08h30 | ESPEN LLL Course Topic 9 Approach to Parenteral Nutrition - Luísa Glória

- Indications and Contraindications for Parenteral Nutrition Luísa Glória
- Techniques of Parenteral Nutrition Jorge Fonseca

10h15 | Pausa saudável

- Pharmaceutical aspects of PN: Compounding and ready-to-use preparation Ana Paula Santos
- Monitoring and complications of parenteral nutrition Luísa Glória
- Clinical Discussion

12h30 | Almoço - PEGs: Hands on moment

14h00 | ESPEN LLL Course Topic 19 Chronic Intestinal Failure and Home Parenteral Nutrition (HPN) in Adults - Jorge Fonseca

- Indications and Outcome Jorge Fonseca
- Chronic Intestinal Failure: Medical Treatment Home Parenteral Nutrition Training and Monitoring Jorge Fonseca

16h00 | Pausa saudável

- Central Venous Access Device Complications Tânia Meira
- Metabolic Complications and Indications for Intestinal Transplantation Luísa Glória
- Clinical Discussion

18h30 | Lecture: Modelo do serviço de NPD da Fresenius Kabi

Ana Queiroz

24 de janeiro, sábado

08h30 | ESPEN LLL Course Topic 12 - Nutritional Support in Gastrointestinal Diseases - Jorge Fonseca

- Compromised gut Luísa Glória
- Challenges in treating short bowel syndrome Jorge Fonseca

10h15 | Pausa saudável

- Nutrition in gastrointestinal fistulas Nuno Carvalho
- Nutrition in inflammatory bowel disease Sónia Velho
- Clinical Discussion

12h30 | Almoço

14h00 | ESPEN LLL Course Topic 13 - Nutritional Support In Liver Disease - Luísa Glória

- Nutritional Support in Acute Liver Failure Luísa Glória
- Nutritional Support in Chronic Liver Disease Jorge Fonseca

16h00 | Pausa saudável

16h30 | ESPEN LLL Course Topic 14 - Nutritional Support In Pancreatic Disease

- Nutrition in Acute Pancreatitis Nuno Carvalho
- Chronic Pancreatitis Carla Adriana Santos
- Clinical Discussion

18h30 | Lecture: Nutrição Entérica Domiciliária: o que há de novo

Célia Lopes