CURSO DE NUTRIÇÃO EM GASTRENTEROLOGIA



14, 15 e 16 de janeiro de 2027 | Sede da SPG

NNG Núcleo de Nutrição em Gastrenterologia

SPG Sociedade Portuguesa de Gastrenterologia

APNEP

14 de janeiro, quinta feira

09h30 | Receção

10h00 | APNEP Basic Course on Clinical Nutrition and Metabolism
- Protein and calories: basic nutrition
- The normal nutrient metabolism during fasting and postprandial state
- Body composition and nutritional assessment in health and disease
- Clinical Discussion

12h30 | Almoço - PEGs: Hands on moment

14h00 | ESPEN LLL Course Topic 8 - Approach to Oral and Enteral Nutrition
- Oral and sip feeding
- Indications, contraindications, complications and monitoring of EN

16h00 | Pausa saudável

- Techniques of enteral nutrition
- Formulae for enteral nutrition
- Clinical Discussion

18h30 | Lecture: TBA

15 de janeiro, sexta feira

08h30 | ESPEN LLL Course Topic 9 Approach to Parenteral Nutrition
- Indications and Contraindications for Parenteral Nutrition
- Techniques of Parenteral Nutrition

10h15 | Pausa saudável

- Pharmaceutical aspects of PN: Compounding and ready-to-use preparation
- Monitoring and complications of parenteral nutrition
- Clinical Discussion

12h30 | Almoço - PEGs: Hands on moment

14h00 | ESPEN LLL Course Topic 19 Chronic Intestinal Failure and Home Parenteral Nutrition (HPN) in Adults
- Indications and Outcome
- Chronic Intestinal Failure: Medical Treatment Home Parenteral Nutrition Training and Monitoring

16h00 | Pausa saudável

- Central Venous Access Device Complications
- Metabolic Complications and Indications for Intestinal Transplantation
- Clinical Discussion

18h30 | Lecture: TBA

16 de janeiro, sábado

08h30 | ESPEN LLL Course Topic 12 - Nutritional Support in Gastrointestinal Diseases
- Compromised gut
- Challenges in treating short bowel syndrome

10h15 | Pausa saudável

- Nutrition in gastrointestinal fistulas
- Nutrition in inflammatory bowel disease
- Clinical Discussion

12h30 | Almoço

14h00 | ESPEN LLL Course Topic 13 - Nutritional Support In Liver Disease
- Nutritional Support in Acute Liver Failure
- Nutritional Support in Chronic Liver Disease

16h00 | Pausa saudável

ESPEN LLL Course Topic 14 - Nutritional Support In Pancreatic Disease
- Nutrition in Acute Pancreatitis
- Chronic Pancreatitis
- Clinical Discussion

18h30 | Lecture: TBA